KNOW YOUR BOSTROM WIDE RIDE II

Adjustment Steps

1. **Adjust Seat Height**
   - See gauges & road without looking down.
   - Top of steering wheel should be 2"-4" below shoulder.

2. **Adjust Seat Distance**
   - Hands on steering wheel, shoulders back, elbows in, & arms softly bent.
   - Position seat so leg is able to fully depress brake pedal without full leg extension.

3. **Adjust Seat Back Angle**
   - Head should be level and vertically in line with shoulders and hips.
   - Seat back should support spine and head.
   - Adjust lumbar to firmly support lower back.

4. **Seat Cushion Tilt** (Adjust with no weight on seat)
   - Highway driving hip opening at 90°.
   - Inner city driving position at 105° with the front cushion down and the rear cushion up.

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**POSITION**
- Seat Height
- Thigh Extension
- Seat Track Adjust
- Front and Back Cushion Tilt
- Back Rest Recline

**COMFORT**
- Lower Lumbar Adjust
- Upper Lumbar Adjust
- Adjustable Damper
- Isolator Control
- BackCycler

**BOLSTERS**
- Side Bolsters (L&R)
- Back Bolsters

A PROPERLY POSITIONED SEAT REDUCES:
- NECK PAIN
- LOWER LUMBAR PAIN
- DISC COMPRESSION
- HIP & LEG PAIN
- HAND, LEG, & FOOT NUMBNESS